

Virtual Fitness FAQ

- **Do you need a Zoom account to stream classes?**
 - A Zoom account is not required if you are strictly joining Zoom Meetings as a participant.
- **How do I join a Zoom meeting?**
 - You can join a meeting by clicking the meeting link or going to join.zoom.us and entering in the meeting ID.
- **How do I get the Meeting ID or Link?**
 - Members must register either online, through ActiveNet, or by calling 281.403.8637. You only need to register one (1) time for free classes, the meeting ID and password will not change.
 - After registering, the Zoom link/Meeting ID and password will be emailed to you from the Fitness Coordinator.
- **Do I have to have a webcam to join on Zoom?**
 - While you are not required to have a webcam to join a Zoom Meeting, you will not be able to transmit video of yourself. You will continue to be able to listen and speak during the meeting, share your screen, and view the webcam video of other participants.
- **How many classes can I register for?**
 - You can register for as many virtual classes as you like.